

Lecture – 20 Minutes

What is important to me?



Activity 1 – 30 Minutes

- a) Introduction to the Microsoft OneNote app
- b) Make notes about your 'Important to Me/ Important for Me'
- c) Think about your own education
- d) Sharing & reflections

Reflections: 10 Minutes

What did you think about the differences between **to** and **for** you?

Did this activity raise your self-awareness?

How did the previous session (like and admire, your key strengths) impact on this session?

How do you think this would work with your students? How does this then impact on the wider classroom?

How do you think this could help you to plan for the individualised teaching and learning?