



David Test

Model of Self-Advocacy

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The David Test model is a conceptual framework of self-advocacy for students with disabilities, written by David Test, Catherine H. Fowler, Wendy M. Wood, Denise M. Brewer and Steven Eddy.

The model involves the key components of *Knowledge of Rights*, *Knowledge of Self*, *Communication* and *Leadership*. The following is an extract from the abstract in which the framework is presented:

*'Knowledge of self and knowledge of rights are viewed as the foundations of self-advocacy, because it is necessary for individuals to understand and know themselves before they can tell others what they want..... The next component of self-advocacy is communication of one's knowledge of self and rights. Learning how to communicate information effectively with others through negotiation, assertiveness, and problem solving in individual and group situations is critical to self-advocacy. The final component, leadership, enables a person to move from individual self-advocacy to advocating for others as a group of individuals with common concerns.'*¹

To read the abstract & view the model go to

<http://journals.sagepub.com/doi/pdf/10.1177/07419325050260010601>

On the following page you can view a graphical representation of the model, specifically the relationship between the components of *Knowledge of Rights*, *Knowledge of Self*, *Communication* and *Leadership*.

¹ Test, D. Fowler, C..H. Wood, W.M. Brewer, D.M and Eddy, (2005) A Conceptual Framework of Self-Advocacy for Students with Disabilities. *Remedial and Special Education* [online] Vol. 26, Pages 43-54, Available at: URL <http://journals.sagepub.com/doi/pdf/10.1177/07419325050260010601>

