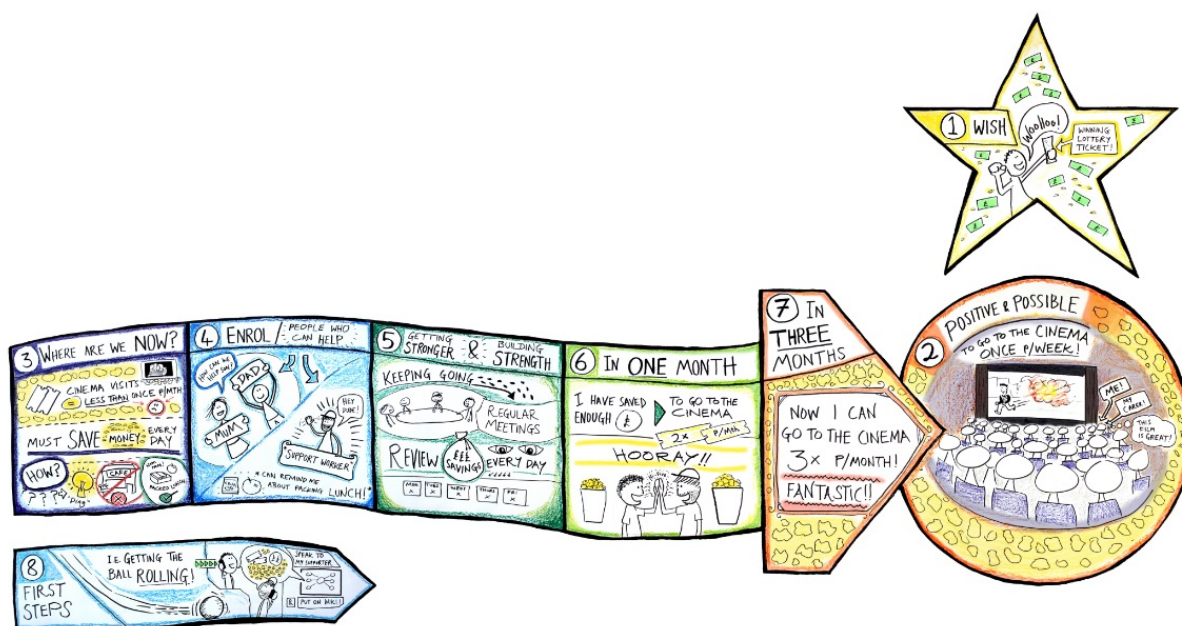


PCP TOOLS - PATH TOOL

Created date: 28 Jun 2016

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ID Number: LO28038

**LEARNING OBJECT TYPE**

Step By Step

LEVEL

Beginner

PARTNER

188

AUTHOR

Charlie Saward

LANGUAGE

English

OPERATING SYSTEM

Android, Windows, iOS

ABOUT THIS LEARNING OBJECT

PATH is a tool that you can use when the person has a specific goal or dream for the future, to work out the actions that need to be taken in order to make that happen. When using PATH, a group of people chosen by the person get together and use the PATH template and graphic facilitation to develop an achievable and realistic goal for the future based on 'the dream' and implements backwards planning to create a step by step path to achieving that goal. It has a very clear structure and commits people to tasks

in a given timescale.

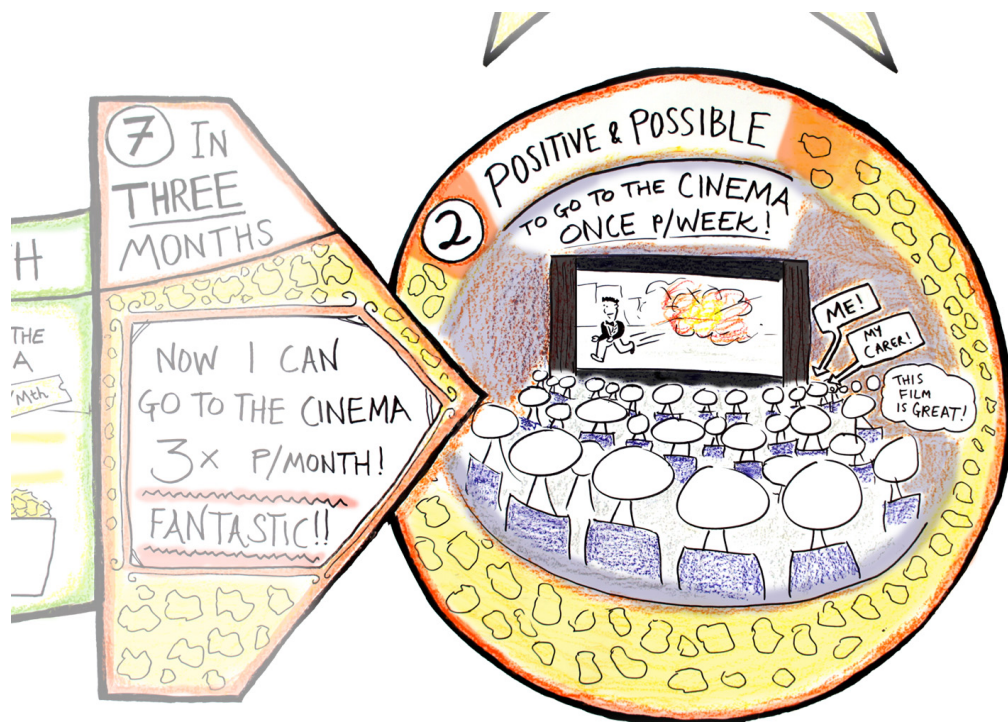
STEP 1. STEP 1 – THE DREAM



Using a very large sheet of paper with the PATH drawn on it (see attached template), the group are guided by the facilitator through the process and record the plan in words and pictures.

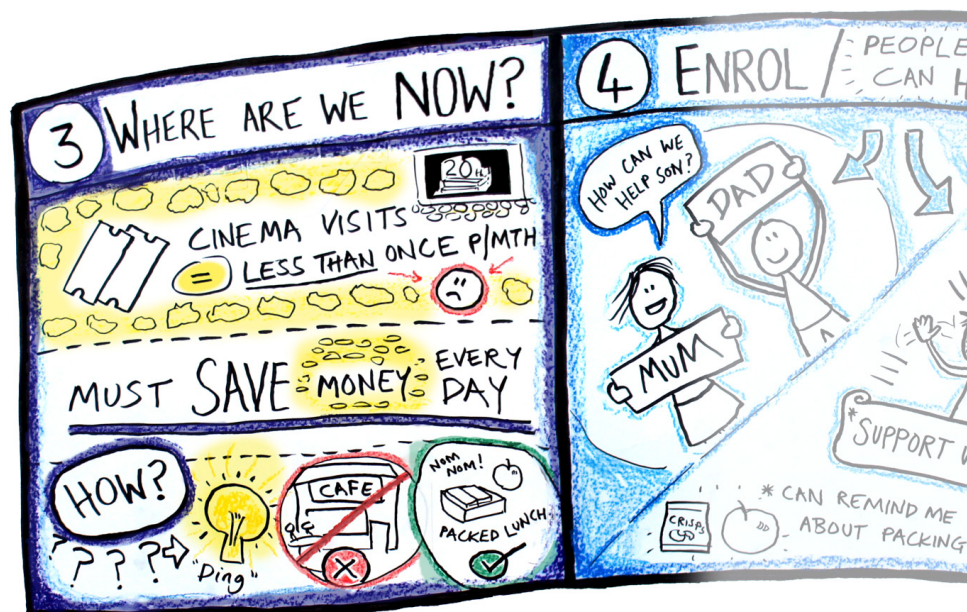
Look together at the person's dreams. No limits or constraints are placed on the dreams or the ideal future that they illuminate, so that a person can indicate what matters most to him or her. Then, on the basis of the person's dreams and ideal future, specific goals that are both positive and possible are identified.

STEP 2. STEP 2 – POSITIVE & POSSIBLE



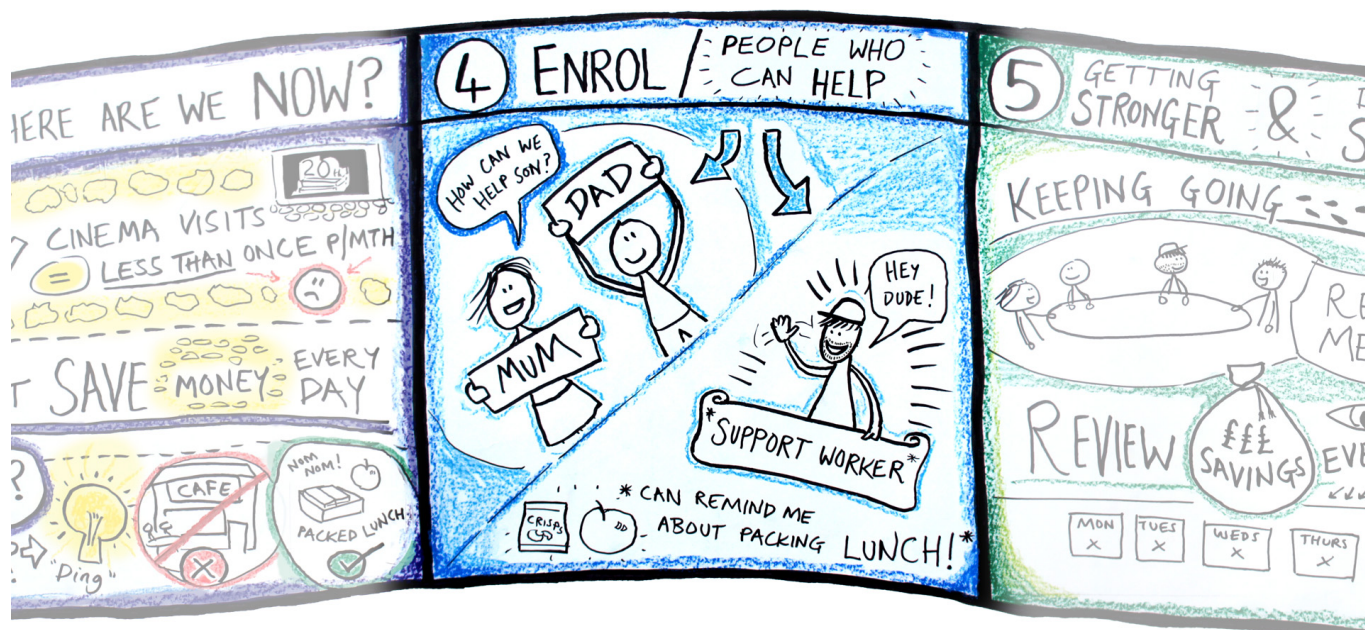
The group then imagine possible and positive achievements/goals that could be made over the next 1-2 years

STEP 3. STEP 3 - NOW



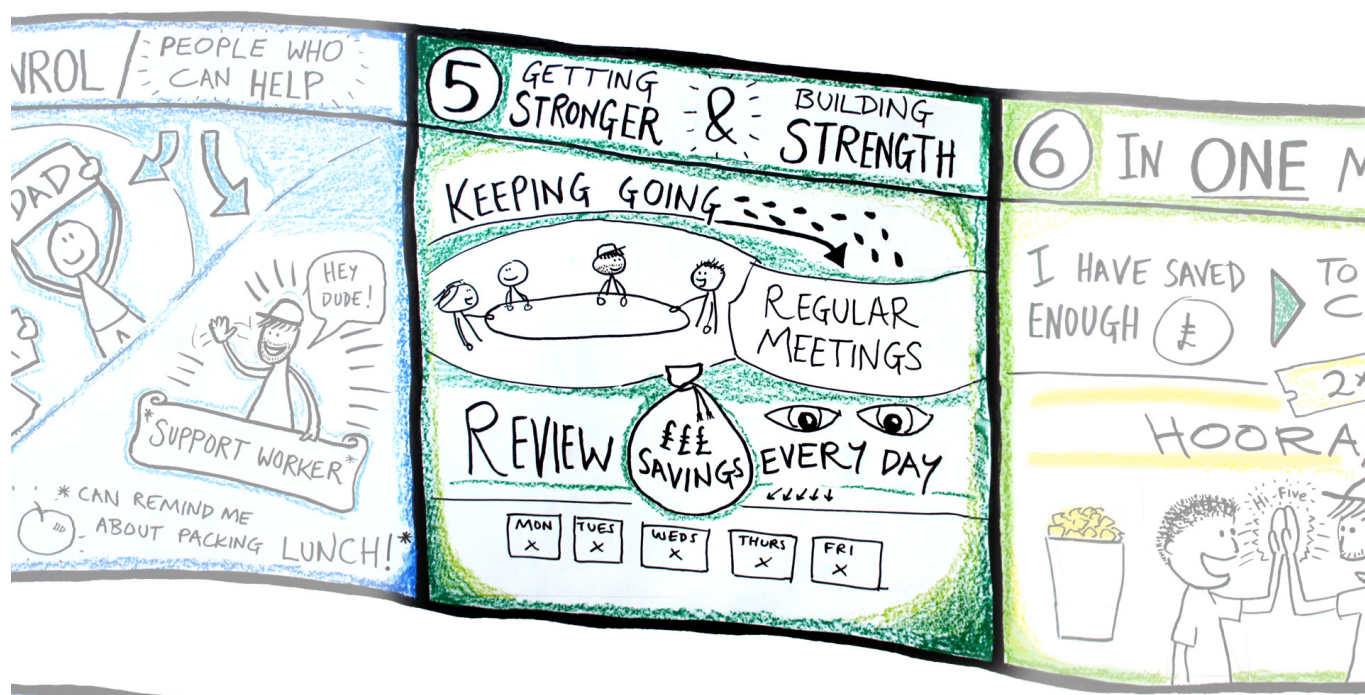
This is then compared to how their life is 'now'

STEP 4. STEP 4 - ENROL SUPPORT



The group then identify people that they can enrol to help the person get to their goals and what they need to do to stay 'strong' and motivated.

STEP 5. STEP 5 - BUILDING STRENGTH



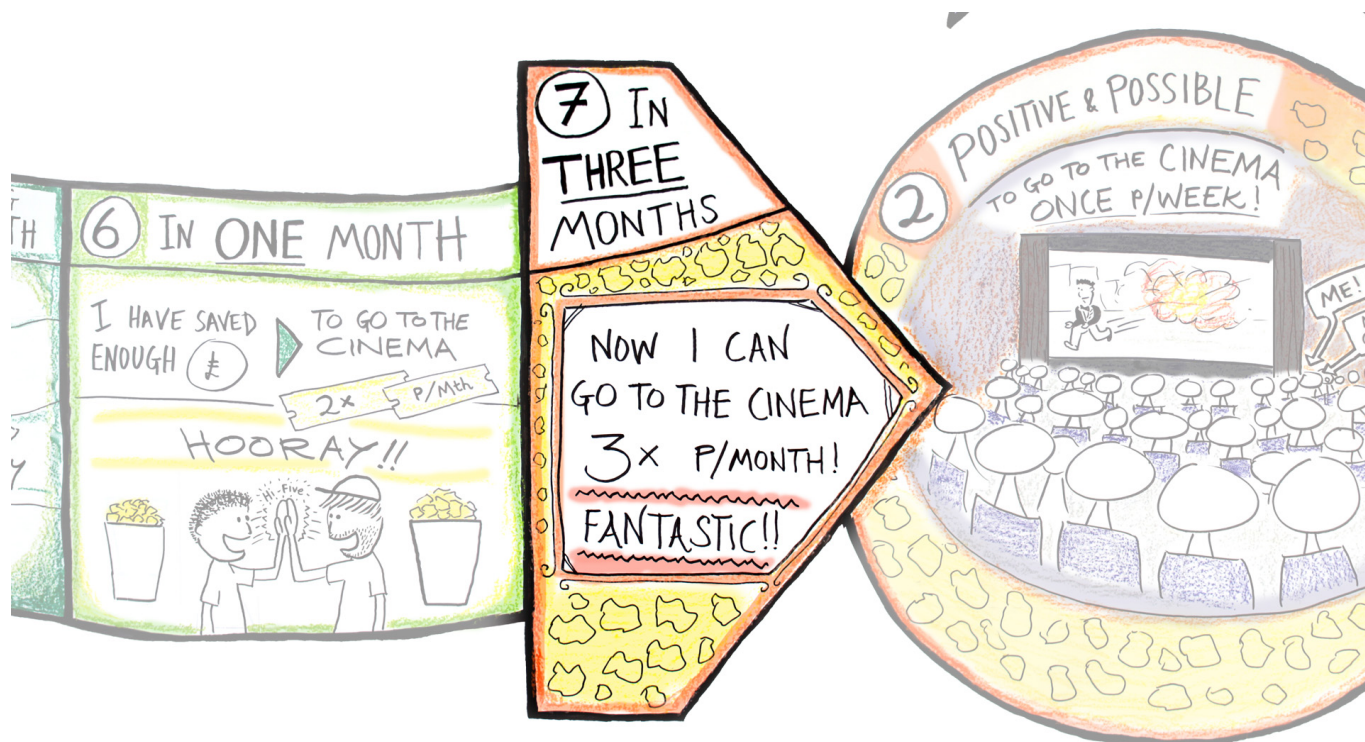
The group identifies ways to build strength to accomplish the goals (for example, what skills need to be developed or what relationships maintained).

STEP 6. STEP 6 - SHORT TERM STEPS



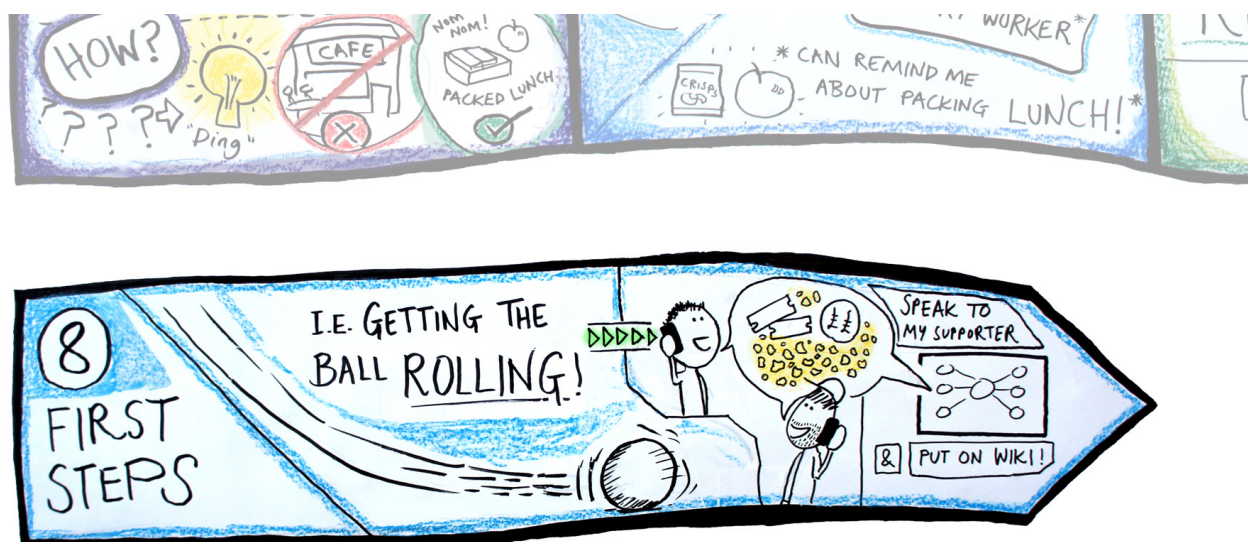
They then plan the steps needed to achieve the goals. First they identify short term steps (1-3 months).

STEP 7. STEP 7 - LONG TERM STEPS



Then identify longer term steps (3-6 months)

STEP 8. STEP 8 - FIRST STEPS



Lastly, the first steps are identified. (See template on the next page) A key to this planning process is identifying who will be responsible to do what to help achieve a person's goals. This is a way in which the person him or herself, family members, other community members, and service agencies can make

specific commitments to take action. Usually, opportunities to review the pathfinders' goals and update actions are provided.